

### Stanwick 10k 2013 Men's results

<b>The P.W. House Cup</b>	<b>Race Number</b>	<b>Overall Place</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>
<b>1st Man</b>	<b>380</b>	<b>1</b>	<b>00:31:38</b>	<b>Mathew Almond</b>	<b>Birchfield Harriers</b>	<b>M</b>
2nd Man	287	2	0:33:37	Stuart Nelson	Rugby & Northampton AC	M
3rd Man	332	3	0:35:32	Nick White	Saffron Striders RC	M

### **The Hanson Cup**

<b>1st Veteran Man 40 and over</b>	<b>158</b>	<b>4</b>	<b>00:35:33</b>	<b>Stephen Herring</b>	<b>Marshall Milton Keynes AC</b>	<b>VM40</b>
2nd Veteran Man 40 and over	318	6	0:35:43	Jim Morris	Stamford Striders	VM40

1st Veteran man 50 and over	64	19	0:37:39	Ian Van Lokven	Marshall Milton Keynes AC	VM50
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1st Veteran man 60 and over	150	52	0:41:39	Jim Stocker	U/A	VM60
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1st Veteran man 70 and over	400	137	0:48:47	John Thomas	U/A	VM70
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1st man under 20	384	7	0:36:27	David Lee	U/A	MU20
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Oldest man to finish - age	280	267	1:01:21	Anthony Lack	Ramsey Road Runners	VM70
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### **The Stanwick Parish Council Shield (M)**

<b>1st Stanwick Man</b>	<b>82</b>	<b>44</b>	<b>00:40:55</b>	<b>Adam Smith</b>	<b>U/A</b>	<b>M</b>
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### **Stanwick Races Group President's Trophy (M)**

<b>1st Men's Team</b>							
	<b>1.</b>	158	4	0:35:33	Stephen Herring	Marshall Milton Keynes AC	VM40
	<b>2.</b>	33	8	0:36:28	Gary Blaber	Marshall Milton Keynes AC	M
	<b>3.</b>	349	15	0:37:19	Chris Cahill	Marshall Milton Keynes AC	VM40